

# MAZDAH ZNAM

HEALTH  
SCIENCE  
PHILOSOPHY

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If I have pried  
    Into Thy mystery  
It was to fathom  
    Thee—Eternity;  
But if I did against  
    Thy will—let be  
Thy mercy greater  
    Than my sins to Thee

—Omar Khayyam

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# MAZDAZNAN

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DR. O. Z. HANISH, Editor

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## Oracle for 1935

By DR. O. Z. HANISH

*Given on Sylvester Night, 1934 at 11:59 P.M. to New Year, 1935  
at 12:09 A.M.*

AS IF PURSUED by furies, threatening clouds gather in the Far East to be met in Eastern Europe by dark clouds slowly moving from the Western hemisphere. Here and there the density grows to most alarming tendencies only to be dispersed by unchained elements, the whence and how, not even the wise of the earth can account for, and many of the conjectures and speculations shall fall by virtue of their wanton premise. He who can read the hieroglyphics of the heavenly canopy, let him read what the spirit of the times proposes to carry to the haughty man of affairs. . . . .

Many of those sitting in high places will be touched by "avenging angels"—others visited by "angels of death"—souls of diplomats, potentates and men of learning will not have the power to escape the day of reckoning. . . . .

1935 is the year of many changes; mothers, fathers and children will be heard from demanding their rights. Aggressiveness shall be quite evident in every walk of life. . . . .

Italy will growl; England will scowl; France is nervous and Germany flustered. All others will follow suit in their regular order. . . . .



In England, aristocracy will be condescending while the laboring man will force recognition, thus furthering prosperity, creating new markets and help civilize the colonies. Money will flow freely among workers, conducive to better housing, better raiment and better food. . . . .

France will change its policy for a season and pay more attention to its colonies offering inducements to pioneers, all willing to use talent and integrity. Changes for the better will manifest in such dimensions that the military spirit will wane. . . . .

Germany has to continue in its study and practice of economy and turn its attention to agriculture and the utilization of by-products, astounding the whole world with its inventive genius and accomplishments along chemical lines. General prosperity and satisfaction in all lines of agriculture, industry and manufacture are evident and new relation with the "men of the north" established, assuring rustle, hustle and bustle. . . . .

True, the neighboring countries will become envious for a little while, but sharing equally in profits, shall be appeased. . . . .

Spain will be in the lead in reforms and begin to play an important part in the diplomatic world. . . . .

Italy continues with its experiments, advancing to the world's progress many good propositions, increasing enterprises and assuring general prosperity. . . . .

Even Czecho-Slovakia will no longer be the least among the nations. The spirit of reform and new measures in government will make 1935 a year to be remembered in

history. All neighboring countries will be effected by the prosperity of Czecho-Slovakia and follow by imitation. . . .

Denmark continues in its proverbial state of tranquillity to pursue its peaceful operations, and attend to the increase of the market for its products. . . . .

Sweden will push its way to the front with astounding inventions and products of inestimable value, inviting exceptional prosperity to all concerned. . . . .

Norway will profit by the integrity of its neighbors and take a lease on prosperity . . . . .

China and Russia will enter the arena of prosperity brought on through innovations of a timely nature and compete with the nations of the world, realizing that competition is the life of trade. . . . .

Canada and the United States will, by virtue of the growth of the spirit of reciprocity, exchange favors and place business in general upon a sound basis, assuring general prosperity in all lines of business, making speculations profitable. . . . .

Even Mexico and all countries south shall share equally in general prosperity. Travel will be heavy by land and sea. . . . .

1935 is the year of Eldorados, bonanzas, booms, profitable speculations, astounding undertakings and enterprises. Though crops will suffer defeat, all calamities will be of a rather local nature—not affecting the general outlook. Although earthquakes, tremblors, eruptions, hurricanes, typhoons, storms, landslides and tidal waves will grow more common damage will be comparatively small. Discoveries

of gold will prove such great bonanzas, that the price will in consequence be effected. In 1935 even the scoffers, ir-religionists, unbelievers, agnostics and heathenly inclined, Jew and Gentile, join in the doxology—"Praise God from Whom all blessings flow."

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## Lenten Season

THE SEASON OF LENT fluctuates with climatic conditions, still it follows the days of sumptuous living, indulging in the spirit of the holiday season. To curb the appetites developed and diminish intus-susceptive demands Lent comes upon us to remind us of economy and common sense fare. It is best to let up on high life and return to first principles, curbing every undue desire and supplying the demands made by normal conditions. Lent calls for springtime fare; plenty of fresh green foods, adding pulses and cereals in small quantities, abstaining from breadstuffs and using small fruits for a tonic, alternating grapefruit or pomolas, with oranges and apples. In some instances dry fruits may be used effectively if soaked in sweet cider, not water. Otherwise cut fine and chew like you would cherry gum.

Let every Wednesday and Friday be an absolute fast day, partaking of hot water with a pinch of ginger and cayenne.



Have no breakfasts, only lunch and dinner. If breakfasts must be had let it be orange or grapefruit juice, one raw egg, one-half shredded wheat, or a small sauce dish of cream of wheat or oatmeal without seasoning, without butter, and a hot drink of ginger and cayenne.

For lunch have a grated apple, toast and hot milk.

For dinner have a combination salad or an artichoke, or six sticks of fresh asparagus, followed by barley roast or combination roast, with a small side dish of pulses, and any herb tea to suit your needs and taste. Serve tea with a slice or two of lemon.

Instead of salt use in all your dishes orris root, a dash of cayenne and ginger.

Be sure to use all the green herbs such as leek, parsley, garlic, water pepper, mustard leaves, sorrel, yarrow, lambs-quarters, sage, origanum, thyme, marjoram, fingerweed, dandelion, violets and nasturtium flowers.

Barley as well as rice must be boiled in plenty of water for half an hour and then chilled with plenty of cold water. When cold it should be used in soup, stews or be made into croquettes, fritters or roasts, adding flour or cracker dust, also an egg and herbs to taste. Rice should be toasted to a golden color before boiling. This process of dextrinization reduces the starch properties. After a half hour of boiling, be sure to wash in cold water. Use as desired, either as curried rice or as a roast, adding mushrooms or serving with mushroom sauce.

## What is Man ?

### HOW THE HUMAN MACHINE WAS INTENDED TO FUNCTION

By W. P. KNOWLES, D.Sc.

1. When considering this great question we are confronted by a problem similar to that in elementary geometry. We must have a point from which to commence our delineation or definition.

2. From what point did man commence? is a formidable question to the lay mind. To many minds it is a matter of indifference, for here they are; and how they came is quite immaterial. But for this type there is a great drawback; not knowing their source they cannot measure their present position in the world, nor see its relation to the future.

3. Thus, the origin, purpose, and destiny of man, constitute the matrix of his spiritual make-up.

4. Viewed physiologically, man is made up of three major cavities upon which the extremities depend.

5. In the lung cavity or thorax we have the respiratory system, comprising the lungs, the windpipe, air passages, together with the mainspring of the body known as the heart.

6. The second cavity contains the abdominal organs, with stomach, intestines, liver, and spleen, etc.

7. While in the smallest cavity we have the pubic organs of reproduction: the testes in the male and the ovaries in the female.

8. On the fundamental side of his being man relies on three main systems: the circulatory system, the nervous system, and the glandular system.

9. All three work independently, but the nervous and glandular operations depend primarily upon the circulatory system; thus the engines or mechanism of the body synchronise.

10. The beginnings of these three systems are known; the blood stream commences in the heart, the nervous system is based or centred upon the spinal column, while the glandular system depends upon the major glands, of which there are six, some in pairs: the gonads, the adrenals, the thymus and the thyroid, the pituitary and the pineal.

11. It has always been recognised that breath gives life to the circulatory system; the life fluids of the sex organs feed the nerves, and the volatile substances created by the blood stream sustain the glands, causing them to secrete an organic ether which, distinct from elemental ether, has similar properties and climbs to the brain centres and makes the operations of mind and brain possible.

12. The senses of man are more or less understood by the average mind. As to the first seven: those of seeing, hearing, smelling, tasting, touching (with the extremities), and feeling with the heart, while most have at some time known of intuition, which is based on instinct.



13. But the finer, higher senses of transmission of ideas—mental telepathy, spiritual discernment, clear sight, and realisation—are not so well known.

14. We speak of sight and we think of eyes, of hearing with the ears, smelling with the nose, tasting with the tongue and palate, touching with the fingers, etc., and feeling with the heart. When we come to speak of mind we hesitate, for who knows what it is? Yet it must be somewhere within, for its operations are of paramount importance in everyone's life.

15. What, then, shall we say of the soul; where does it operate, and how?

16. Finally there remains the spirit, whose delicate deliveries of power to the most sensitive centres of the body are a profound mystery.

17. Yet a further question arises. From where does spirit emanate? For obviously it is not an originating source, though it acts as a confidential messenger from the unseen power of Intelligence behind all living or organic phenomena.

18. To know what man is calls for deep investigation into all these vital factors in the daily walks of life. Can we probe this problem? Most will say "No."

19. Mazdaznan Science claims to unravel the mystery, and to place the key in the hand of each seeker, that through his own action he may prove these truths and in so doing set himself free from doubt, fear, and the host of anxieties and worries in life.

20. The mind has as its vehicle the pineal gland. All thought, whether from without or within, must pass through this gland, which acts like the aerial of a wireless set.

21. From the mind, functioning like a telephone operator, the thought is sent to the brain cell or cells required to think the thought being received. If the necessary brain cell or cells be not awake, not in operation, the thought cannot be understood even though we wrinkle our brows, bring the bumps of perception above the eyebrows into play, or scratch the crown of the head in our perplexity, unconsciously trying to arouse the pineal gland, the seat of the mind, into greater activity.

22. Thoughts which come from without can come from anywhere and from anyone; some can be constructive and good, many are destructive and therefore bad. This will help explain our varying moods.

23. Who or what is to decide? The answer is the psyche or soul state which uses and depends upon the spinal column and the nerves radiating from it, being actuated by the life fluid which flows up the centre of the spine, reaching the cranial cavity by automatic action.

24. It is because of this delicate network of motor and sensory nerves that psychology becomes possible in the human being.

25. Yet even this state, which was designed to act as a censor to all thoughts that seek to enter the mind, is but a transitory state, depending for its power on some other originating force—personal, cosmic, or otherwise.

26. And here we draw nearer to the goal of our quest, for "As a man thinketh in his heart so is he" happens to be a great physiological as well as psychological truth.

27. In the heart of man we find his spirit, which acts as a messenger, prompting him from the true self or ego, which lies buried in the fifth back chamber of the heart.

28. Although the science of biology or psychology can offer no evidence as to the reality of this supposed presence, the suggestion has persisted throughout the ages, being mentioned in most volumes of sacred lore and alluded to in many scriptures, as we know.

29. But, as all proof must be individual, and we have, therefore, to think it to realise its meaning, the presence of the true self which constitutes the real man must be comprehended if it is to reach the stage of manifestation in life and action.

30. Mazdaznan Science thus has a message for mankind; it says in effect that by using the fundamental force of breath, by partaking of the right kind of food and using the correct exercises, a unification of all the bodily functions can be brought about which will result in the knowledge of life, its origin, purpose, and destiny, being conveyed from the heart to the mind.

31. When this state has been reached, man's mind is illuminated and the actual radiations of the nimbus can be seen by those of like development—soul recognising soul.

32. It was to declare this accomplishment that the nimbus or halo was depicted round the pineal gland area in



pictures of the Saints, in early mural paintings, and in stained-glass windows.

33. Mazdaznan declares that man is in embryo the crystallisation of the Intelligence of God, and that when he learns to become at one with the source of his being by co-ordinating the sense conditions which constitute his physical body, he will then know the Divine Plan, be able to pursue it without any contrariness, and thus pursue and prove his destiny.

34. The destiny of man is very clearly stated in the Christian scriptures: it is to live forever. The way to do this is graphically given: "This is life eternal, to know God," i.e. to live in tune with the Infinite Mind.

35. Man's *origin* is in the Infinite Intelligence upon which all matter depends and by which all evolution proceeds.

36. Man's *purpose* is to pursue the evolving, unfolding, and maturing of the Divine Plan in matter.

37. His *destiny* is to become at one with his Creator who was in the beginning, is now, and forever shall be, eternal, the sum total, and the Great Cause of all phenomena in the universe.

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Do not grieve over what you have left undone; just get a move on yourself and do it now.

If you have done anything you should not have done, do not repent, but forget it.

## Sermonettes

The glory of the day lies in the labors done.

The reward for our labor lies in the deed done to perfection.

The laborer is worthy of his hire and to that extent he reciprocates.

The man expecting something for nothing never grows rich.

Economy paves the way to health and wealth.

The spendthrift and squanderer always finds himself broke.

He who creates labor creates wealth.

A man in debts—sweats.

Balance your books every night and you shall grow in power and in might, gaining joy and felicity.

Whatever is to grow we must first sow.

Whatever the word we call into the woods or canyon, such word returns to us.

The man of ill speech will never reach the end of his endeavor.

“What man soweth that he shall reap.”

Words hastily spoken are already broken.

Promises made in haste show poor taste and never become realized.

## Health and Breath Exercises

By DR. O. Z. HANISH

### ARTICLE II

**I**F YOU read our first article in the January issue, describing the first breathing exercise—and have practiced it—you have already felt a mental gratification and realize that Breath is the life principle.

There are times when we feel like giving in, then again times when we feel encouraged, and this encouragement is due to the inspiration received while in a state of relaxation, although we have not been conscious of it. Nature, itself, puts us into that condition, otherwise we could not keep up with our experiences. If we are giving out, we must also take in, to replenish the fountains of life. The man who keeps cool and remains self-centered, whatever may befall him, is the man who naturally breathes fuller, deeper, more rhythmically, regularly. It comes naturally to him, because he was conceived under more favorable Breath currents, although the mother was unconscious of it. The man who breathes rapidly loses his head, as it were, and is under a constant tension, fails in the pursuits of life, constantly finds fault with the conditions and environments of the times, not stopping for a moment to realize that man is the creator of his own success or failure.

If your breathing capacity is very small and your ailments many, you must remember that it will be necessary



for you to pay more attention to fuller breathing, besides doing the exercises given in this course, as the exercises are a means to an end for the attainment of higher developments. When it pains you to take long, full breaths, you prove thereby the lack of lung development and you will have to make it a point to breathe more fully oftener during the day, and even such physical breathing cannot be done properly unless you allow your body to be perfectly free from all pressure. The garments must be loose, very loose, so that the chest and diaphragm can expand easily to their utmost, while the abdomen inflates of its own accord. Use no effort, no strain. Breathe out first, then breathe in fully and regularly as you feel able to do so. Breathe when walking or sitting, when you eat or drink, when you work or play—breathe, breathe, breathe. The more you breathe, the better for your physical conditions, the sooner you will normalize the circulation of the blood, and the more thorough will be its oxygenation. You will purify the blood and give the system an opportunity of bringing into action, organs with farther-reaching powers, thus removing effete matter and sluggish conditions, and the continuation of a proper and deeper breathing will remove all distressed feelings. Be persistent; take a few minutes of ordinary breathing at least every hour of the day and thus gradually accustom your system to deeper inhalations. Muscular chest expansion alone does not prove large Breath capacity. The freedom and ease with which Breath is taken insures its depth.

Physical culture without the observation of proper breathing during the various motions and positions is of no material value, for although you develop certain muscles, which development is done at the expense of other portions of the body, it is necessary that you continue these physical exercises, or the body will drop back into its former condition. The same is true of massage. Unless you keep it up, the results are not permanent. Continuous breathing will not only keep the blood in proper circulation, but will also act upon the muscles by means of the nervous system, upon which the strength of the muscles depends, and will keep them in their proper places, ready with the required power for intended actions and results. The athlete, in spite of all his muscular development, has complicated organic troubles, and is neither the brainiest nor the best example of endurance. It is not the strength of muscles alone that raises weights and performs feats of endurance, but the life force that has been imparted to them through the power of Breath. The trouble in this world lies not in the world itself, in its objective existence, but in us as we in our own fancies create and perpetuate its reflex-existence.

In the first lesson it was our object to pay particular attention to the steadying of the eyeballs by looking intently at a given spot so as to strengthen the muscles of the eye, and to steady the accommodative muscle which plays such an important part in our vision. The steadier the vibrations—the clearer the sight and formation of ideas, for we have been determined to gain a proper posture and learn

to breathe more rhythmically. We are also to understand that we must empty our lungs completely in all our breathing exercises. We are all more or less in the habit of shortening the exhalation which does not empty the lungs sufficiently to keep up proper circulation. As the circulation suffers, the nervous system becomes affected and we no longer accumulate the required life energy or electric force for the continuation of the life forces.

Our object will now be to turn our attention to the sense of hearing. It is necessary that we possess good hearing as very many unpleasant occurrences in life are due to misunderstandings from our incorrect hearing, and because we hear things differently from what they were originally intended. It is an established fact that there is no being but that loves the truth and never intends to tell or hear a falsehood, but because of deficiency in the senses and the undeveloped condition of brain functions, things are heard and repeated that were never said nor heard.

Whatever we undertake should be first well considered and afterward well done. To be conscious of well-doing, the body must needs be equal to mind force and the latter correspondingly conscious of the operations of the soul and spirit. A mind which depends upon the concentration of the intelligences of the energies composing our collective body, once conscious of its functional needs, and tranquil upon all occasions, well centered and concentrated, and with perfect control of will, directing everything for its



own individual good and at all times polarized, enjoys a state of perfect health and understands rhythmic breathing. Since all life becomes conscious of existence through the breath, this breath when properly directed will accomplish everything that our mind may desire. Through rhythmic breathing, the mainspring of life—the lungs—determine a more normal circulation and purification of the blood by oxygenation, thereby securing better heart action. When concentrating upon the breath and its centralizing life principle, or "Ga-Llama," following the current of inhalation and exhalation in our thought, we receive benefits at once.

When breathing properly, and thus keeping the nerve centers in harmonic action, generating electric nerve fluids, the vibrations of the brain centers become raised, thereby increasing intellectual power and insuring better memory. This done, the bodily functions, intelligently controlled, have no need of specially devised gymnastics, physical movements, athletic exercise, etc., for the reason that a normally balanced individual is bodily, mentally, and spiritually active and with the senses fully developed, engages in work of a useful as well as beneficial nature, economizing the natural forces and resources of life. There is no disease but that can be healed and cured by the simplest means. All that is required is the individual's own desire, prompted by will and expressed by rhythmic breathing. Once we are able to do this, the mind by virtue of the intelligences inherent, unfolds the path to be pursued as to right living, fasting and dieting, the observation of which

unfolds to us realms of thought utterly unknown to ordinary minds.

Mazdaznan culture points out the way in the simplest terms and the pupil carries out the instructions for self healing and cure, thereby remaining non-obligatory and learns to become acquainted with all the means necessary for future emergencies. Mazdaznan culture holds that it is not education that we need so much but that we merely need to be reminded of our own latent forces and learn how to properly direct them. We possess all power in heaven and on earth, but to demonstrate such power we must be able to use the tools requisite for such manifestation.

To become free from the conditions and environments of time the individual must become acquainted with his own self sufficiently to have knowledge of his relation to nature and become proficient in understanding the control of laws pertaining to his welfare. We must acquaint ourselves with those simple regulations that govern our lives so as to enjoy health and happiness and by religious observation of the same, attain to higher and nobler understanding. A body that is full of governing intelligence will not draw upon the mind but control its organic action consciously thereby storing up reserved vitality for the furtherance of thought in its domain that it may bring forth grander aspirations.

The mind must be all comprehensive to enjoy concentrative powers and a happy state. The body must be symmetrical and have an easy carriage to be in perfect

health. And as we pay attention to the position and the carriage of the body, the intelligences of all our energies will vibrate a like state to the mind, while in return by virtue of the increase of power which it draws of the ocean of Love, the spirit forces the furtherance of intelligence.

### EXERCISE TWO

Stand erect with arms to the sides of body, head up, chin drawn in sufficiently to show a spirit of independence, eyes steadily gazing upon spot before you, level with your eyes, not more than seven feet away. Body must be in a perfectly relaxed condition, but spinal column must be firm and erect, as the spinal cord is the seat of the soul. The weight of body is to be balanced upon the balls of the feet. To succeed in doing this gracefully, allow the body to swing easily forward and back. Keep the mouth closed, teeth separated, the tip of tongue resting against lower teeth, as in first exercise.

While inhaling, and following the currents of breath mentally, gently raise the body and allow the weight to balance toward the tips of toes, inhaling slowly and harmoniously for seven seconds. Now lower the body to its former position gradually exhaling and giving it that graceful swing so natural to a controlled body.

You are to remember when going through this exercise, if immediate results are to be expected therefrom, to clinch the hands tightly while inhaling. Do this thoroughly but gradually. Clinch fists tighter and tighter and tighter, yet without any effort, and be careful not to tense the



muscles or to grind the teeth in the least. In exhaling, gradually relax your fists and allow the weight of body to rest upon the balls of the feet, and although heels touch the floor, no weight must be felt thereon.

To relax easily all you have to do is to empty your lungs thoroughly and allow your knees to bend forward about one-tenth of an inch. This will bring your weight to the balls of the feet and make you feel lighter as well as limber. Do not exercise more than three minutes at a time and not more than twice a day to begin with. This exercise is best taken during waking hours. Do not take the exercise immediately after meals. You may have the exercise follow the first exercise providing the latter has been practiced for at least two weeks, and the breath of seven seconds for the space of three minutes can be taken conveniently.

This exercise is to be made use of in your daily walking. After you have become accustomed to the balancing of the body forward and backward, take several steps while inhaling, then while taking a few more steps learn to retain breath for just a few seconds. You will soon find that after a little practice this exercise will prove of inestimable value for the reason that it will aid in the re-establishment of the generation of electric currents in the foot region, upon which our hearing greatly depends.

In one of the village towns of ancient lore, it so happened that a little baby boy was taken seriously ill and vomited. One of the neighboring women who was present

at the time, told the news to her aunt that afternoon, and remarked that what the baby threw up was as black as a raven. Aunty made a call on her way home on a distant relative, and brought her the news that she just heard of a certain baby that had vomited a black raven. This caused quite a stir among her relatives and many gathered in the evening to hear the story from the elderly aunt, who, in her fervor and excitement, related the incident of a child that had vomited three black ravens.

It would not be proper for you to pass judgment upon anything in the nature of hearsay, except to recognize the possibility of the truth being stretched as there is no ill intention on anybody's part to add anything to the original. When your sense of hearing will have reached the higher order of development, you will be able to understand things more fully and be less liable to relate things that would be apt to have the appearance of being deeply colored. You are to be careful not to pass any judgment upon your neighbor, and you shall enjoy the time when everybody around you will mind their own business, but if such be your desire you must first mind your own business and not wait for others to take the lead. You must lead, then the rest will follow.

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Hold up your head, raise your chest and exhale all the breath from your body without lowering the chest. Hold the breath out for ten seconds and then take a deep inhalation and note the result.

## Knots and Splinters

Nature knots plants and we knot strings.

A bark may be taken off timber but you can't take the bark out of a dog.

Conscience is a matter of education.

The extent of conscience depends upon the influence brought to bear by the moral, ethical and spiritual propensities.

When one or the other intelligence of the moral, ethical and spiritual propensities is lacking, conscience fluctuates.

Every man has a conscience such as it is, and like any other state may be cultivated and controlled.

Conscience differs according to the differences of selfishness.

The conscience of a lawyer differs from that of a physician; the conscience of the latter differs from that of the minister. Again the merchant enjoys a conscience different from the one of the banker, speculator, financier, manufacturer, laborer, the rich man and the pauper or beggar.

Good talent often goes begging; so does the man of great conscience.

The average man's conscience is controlled by greed, avarice, malice and delusion.

Conscience determines what is right and just to the individual's understanding.

The greater one's understanding the more just one becomes.



## Ainyahita - Cybele

By EDWARD ULBACK

(Member of the Archæological Institute of America)

THE GATHAS OF ZOROASTER (or, more properly, of Zarathusthra) are the deepest and the purest which had till then appeared among the recorded thoughts of men. They show beyond any manner of doubt that there was a little nation in Iran, some eight hundred to a thousand years before the Advent, which maintained heroic virtues by a faith which revealed to them a God of justice and of love, who inspired for them a religion pure as "to thought, as to word, and as to deed," which taught them of a resurrection, of immortality, of a judgment, a heaven, and a hell. And they also assure us that generations of Medes and Persians felt its influence down to the time when Zoroastrianism was overthrown by the Arabic conquest of the territory which had been its home, substituting a Semitic belief for the primeval Aryan creed.

This ancient Iranic system placed Ahura-Mazda as the Supreme Being. The very ascription to him of health is an indication that he was conceived of as possessing a sort of physical nature. Under the supreme God was placed the goddess Ainyahita (Anahita). She was worshipped as the giver of fertility, and rewarded her votaries by bestowing upon them abundant harvests. She alone caused all growth. Ainyahita further told men the everlasting laws,

which no one may abolish—laws which she had learnt from converse with Ahura-Mazda himself.\*

She was thus naturally the second object of worship to the old Zoroastrians; and converts to the religion were required to profess their faith in her in direct succession to Ahura-Mazda.

Even the Greeks worshipped her under the name of Cybele. And in the following pages I shall attempt to describe the events that led to Ainyahita becoming a goddess in Rome itself.

The invasion of Hannibal after the second Punic war filled Rome with refugees from all parts of Italy, and the struggle between the aristocrats and the popular party was raging when Atilius was appointed Praetor, who fought against the superstitions, the wandering charlatans and the magic formulæ of the time, and strove to prevent them from spreading inside the city. But the Oriental Mysticism which had already conquered the Greek world, pushed ahead, and just at the moment by the unavoidable arrival of the Orphic Bacchus, and the peculiar intrusion of the Persian goddess Ainyahita of Cappadocia and Phrygia, announced as Cybele—Mother of all the Gods.

Her arrival in the third century and (as is usual in times of public calamity when the native gods are helpless), seemingly before her time, was hailed by the people, be-

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\*"Ahura-Mazda is the great god; he created this earth, he created this heaven, he created man, he created propitious destiny for man."

Such is the profession of faith which stands at the beginning of the great official inscriptions of the Achemenidean monarchs.

cause Rome had not as yet conquered Greece and the Orient. It must be remembered however, that the legend of Aeneas, native of Ida, had accustomed the Romans to consider the inhabitants of Phrygia and Troas as their near relatives, and thus Rome maintained connection with Ilium. The descendants of Aeneas then might well find powerful patrons in the gods that protected the place of their aboriginal home, and the goddess who had not followed Aeneas in his exile, might be called to help in distress.

The victories of Hannibal after his descent from the Alps had placed the city in a bad position, and her gods had badly defended her. Jupiter had gone to the enemy; Apollo had exhausted his supply of arrows; Castor and Pollux had not shown their ancient ardour in the defense of Rome, and the Sybilline books being consulted, as was generally done in times of distress, so that the public opinion could give a response, an old ode was found which said that if an enemy brought war upon Rome in Italy, that enemy could be expelled from the nation if the Mother Ideaea could be carried into Rome. The safety of Rome depended entirely on this, and the complaisant Delphic Sibyl also promised a near triumph. Very likely she had already been informed in some secret way, of the defeat of Hannibal at the Metaurus.

The messengers of the Senate of Rome now went to Phrygia, to Attalus, King of Pergamus, consulting the Delphic Oracle on the way, which answered them that the goddess would willingly follow them to Rome if she could be the guest of the most honest among the Romans.



An alliance was now struck between Rome and King Attalus to counter-balance that between Philip of Macedonia and Carthage and the king having feted the envoys took them to Pessinus, the old and famous metropolis of the Magna Mater (Cybele), and gave them the *Acus Matris Deum*, a small dark stone easy to carry; with wrinkled surface, of heavenly origin; an ærolite, in a word, that was thenceforth considered one of the seven fatal things of Rome.

While the envoys returned leisurely, one of them was hurriedly sent ahead to bring the message of the Sibyl about the honest man who should receive the entrusted stone, and the suffrages of all the Romans fell on Scipio Nasica, a relative of Scipio Africanus, who besides being a very honest man, and the most intransigent of the aristocrats, was endowed with the longest nose, as his name indicated.

This man along with the aristocratic ladies of Rome and the Vestal Virgins went down to Ostia to meet the goddess who arrived safely in due time. Needless to say it was a beautiful procession which accompanied the sacred stone to Rome. The ladies carried the simulacre of the deity; then came the ambassadors, followed by the most honest citizen, while outside Rome a crowd was waiting to receive them. Clouds of incense went up in every street, and all the priests and religious corporations chanted songs of welcome, imploring the protection of the divine stone over the Republic.

The sacred stone was taken to the Temple of Jupiter Victor on the Palatine pending the erection of the home of the goddess, from whence it was transferred in due course to her temple, put in a silver case and placed in the mouth of a statue representing Cybele where it remained until A.D. 219, when it was taken from thence to the Lararium of the House of the Flavians by the ill-famed Heliogabalus.

And strange to relate! The victory of Scipio Africanus at Zama, and that of Flamininus at Cynoscephalae soon followed after the arrival of the new goddess, and Rome began to count as a power in the world from the moment that Cybele was received within her walls.

Long had the goddess waited to come to Rome, and when she came she favored her beloved new country.

In her human form Cybele is represented as a dignified woman, with her head crowned with towers, symbolic of the earth, she has lions sitting near her, to show that it is possible to cultivate every kind of soil, and she holds a tympanum in her hand to demonstrate how the world is full of cities. The pine tree was especially dedicated to her.

The Italiotes, and later on the Latins absorbed in agricultural pursuits, and in practical life gave a large development to the gods of the fields, of the gardens, the woods and the vineyards, and adopted foreign divinities, as it suited their ideas. And when little by little the Orient invaded Italy with its gods, having a stepping stone as it were in Crete, where the Oriental divinities were first accepted, then the *Great Mother of the Gods* *Idaea* arrived in

Rome. She was easily received by the people, and very soon she became part and parcel of the fecundative power of Tellus (the Earth), and borrowed native rites, names and forms, and accepted to become Rhea, Mother, Bona Dea, Fauna, Proserpina, Vesta, and Maia who looked after the growth of the harvest and was the patroness of the month of May. Finally she was regarded as a great mystic terrestrial divinity, the Patroness of All, the Goddess of Nature in a word, who spread life everywhere.

In a short time she became identified with other goddesses which had affinity of some sort with her, such as Gea Demetra, Bendis, Isis, etc. She received the nicknames, too, of Pandora, Phrygia, Idaca, Berecynthia, etc.

The festivals of the goddess were celebrated at two different epochs: the one from the 22nd to the 27th of March when the Oriental rite was employed; the other from the 4th to the 12th of April to commemorate with Roman rites, the arrival of the divinity in Rome.

The first were called Megalesia from megale which signifies great, and the Archgallus. The Galli, Oriental priests, took the miraculous emblem of the goddess from the mouth of the statue, carried it in an open cart in procession to the river, or better the brook Almo, and there washed it in the water. They then sacrificed a bull while the Corybantes sang, danced and begged. It was only during this ceremony, and for this goddess that the priests of Ancient Rome were allowed to beg. The Roman festivities had a different aspect, and were confined to the upper classes, while the lower classes had a similar series of



festivities when the Cerealia were celebrated a few days after. These consisted in scenic performances during the day, and banquets in the evening.

Whatever may be said, we can realize that the introduction of the worship of Ainyahita-Cybele into Rome marked the limit between two very different epochs of the religious history of the Latins. If the explanation of the myth of Cybele seems easy today, we must remember that in the days of Ancient Rome the real truth was known only to a few of the initiated, and then we can realize that the average people who coming on the Palatine to pray to the goddess Cybele, the *Great Mother Nature*, had a very different conception of the religious idea. And this we may infer from Lucretius, Ovid, Catullus and other poets.

It is on this corner of the hill\* however where are memories next to each other, of the pre-historic age, of the Kings, of the Republic and of the Empire, and where may be seen the remains of the Temple of Cybele, that stands on the spot where the Romans of many generations came to admire the mystery of the perpetual rejuvenation of the earth, while they believed—and with reason—that those festivities served also to celebrate the perpetual youth of Rome.

---

I am here upon this earth to turn the deserts into a paradise most suitable unto God and his Associates to dwell therein.—*Pearls of Ainyahita*.

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\*That is, the south eastern corner of the Palatine.

## Study of Man

By DR. O. Z. HANISH

(Continued from the January Issue)

THE CROMAGNON skull is so called because found in Cro-Magnan, a cave in Dordogne district, France, where the supposed remains of a dolichocephalic race of the Magdalenian period have been discovered. Magdalenian period is the archeological epoch typified by the remains found in the debris of La Magdalaine, France. This locality has furnished a great number of paleolithic implements of flint, bone and ivory, besides antlers and bones, ornamented with figures of horses, reindeer, fish, elephants, men, etc.

There are numerous skulls which are claimed to date back to the Quarternary period. Worthy of mention are those of the *Grotte des enfants* near Mentone (France), those of *Cannstatt*, Wuerttemberg and of *Furfooz*, in the Ardennes, a hill country in Belgium and the Rhine province.

As all these skulls are dolichocephalic (long skulls), while the brachycephalic (of short, wide skulls) race does not appear in Europe until the neolithic period, it has been asserted that as the race of man advanced in intelligence the prognathism (character of jaws), which was inherited from his simianlike ancestors, became gradually smaller, until the face assumed the almost straight and classic profile of modern times.

The Ipswich man, discovered in 1912 near Ipswich, England, is supposed to date back to the Quarternary period, and to represent the earliest remains of man yet found in Europe.

#### BROWN OR MALAYAN RACE—POLYNESIA

The second race in the study of Anthropology is the Malayan, or Brown Race. Again we may say that either simultaneously, or more probably at various times, has God created one pair or more of the Brown, males and females, in Polynesia, conjecturally 105,000 years ago.

The Malaysans belong to the brachycephalic race of mankind. They show greater intelligence and are less brutal than the Negro or Black. The reason the Malaysans are the brachycephalic type is because their arms respond quickly to the operations of the brain or head. As the thought strikes them so the arm moves. (Brachyo—from the Latin brachium, arm; kephale—from the Greek, head). They are generally of short stature and slight frame. The skin varies from a deep brown to a light, bright shining hue. The nose is straight, the eyes large, sometimes slightly oblique, and they have long, straight black hair, of the Euthycomi type.

As to stock there are three principal divisions—Negritic, Malayic, Australic. The Negritic stock has three groups: The Negrito, Papuan, Melanesian. The Malayic stock claims two groups: Malayan and Polynesian. The Australic possesses two groups: Australian and Dravidian.

Some ancient writers claim that what are now the Archipelago, Hawaiian Islands and the area as far as Ceylon,



once made up a continent called Malaya, where the Brown man reached a civilization equal to that of the Olive-Green race, of Aetalonía or Atlantis, the continent situated between Africa and America. By some catastrophe the main land of Malaya is supposed to have sunk into the Pacific Ocean, leaving the still remaining groups of islands untouched.

That each and every race has within itself the properties, propensities, gifts and talents unto civilization cannot be doubted, although it must be admitted that to each of them a certain limit has been set by Nature and her God.

As to language the Malay Race possesses the agglutinative form of speech, and is divided into, first, the Malayo-Javanese, in which are several dialects. Malayan is spoken in Malacca, Sumatra, Borneo, and Celebes.

The second form of the Malay language is the Tagal, spoken in Formosa, Madagascar, and Ladrone.

The third is the Melanesian group of Fiji, Loyalty, New Britain, New Caledonia, Hebrides and Solomon Islands.

As to the advancement and progress of the Brown or Malayan Race, the Spirit of the Times, as revealed in the various ages from the Paleolithic to the Neolithic, and on through the Age of Metals, has had its effect controlled and governed by conditions and environments which no man is able to account for. Perchance such phenomena may be entirely within the designs of Providence, which to fathom is still the hope and endeavor of minds touched by the magic wand of Science and Faith.

Brief as our little studies may be, they will suffice the much-occupied student in the race of daily pursuits, to gain a bird's eye view, a general perspective of Nature's efforts to pave the way unto a race endowed with a higher consciousness and a comprehension of man's unlimited possibilities, once he awakens to a full realization of his true purpose and object here upon this most beautiful and glorious earth, disfigured only by the mind and hand of reckless beings.

#### OLIVE-GREEN RACE—NOW EXTINCT

With the exception of very rare instances it is hardly possible to speak of pure types, or a race absolutely free from inter-mixture. For this reason many problems confront the student of Anthropology, as Geology, Ethnology and Philology only too frequently confine themselves to conjectures and provincialities. It seems as if Nature purposely ran into extremes, that the mind of the civilized man may all the more be taxed in search of origin and the tracing of his genealogy, ethnologically speaking.

The third race in order was the Olive-Green colored race partly absorbed in all the races, and as a body extinct when Atlantis (Aetallonia) sank to the bottom of the Atlantic. Such is the story told by ancient Egyptian historians and such is the statement of Plato, the recognized Greek philosopher.

#### DUSK-RED—INDIA, AMERICA

The Olive-Green was followed by the Dusk Race, the

a pallor to copper, red and brown red. The Hindu is a remnant of that Dusk-Red Race and so is the American Indian. Whether in Asia, or whether in America, it is still an open question, but either simultaneously, or more probably at various times, has God created one pair or more of the Dusk-Red, males and females, conjecturally 103,000 years ago.

As to hair, the Hindu, as well as the Indian, belongs to the *Leiotriches* (smooth hair) except where mixed with other races the hair turns *euplocomi* (curly). The hair of the Hindu as well as the Indian, is cylindrical in section: i.e., if you cut the hair across its length, you will see with the aid of a microscope, the hair to be cylindrical at the end of the cut.

The Dusk Race proper has been confined to India to the same extent as has the Mongolian to China. Some scientists hold to the theory that the Hindu is of the White Race. Considering miscegenation, much goes in favor of this theory. Taking for granted that the cradle of the White Race has been rocked in the Himalayan Range, the trend of civilization extending westward, there is no doubt but that a number of Whites remained in India, and readily mixed with the Dusk. Later, Caucasians, forcing their way eastward, again added to the Hindu blood. In lines there is a striking resemblance between the two, but as to color the Dusk predominates, and neither culture nor climatic changes make any impression upon it. However much of the White may be conceded to the Hindu, he still remains the representative of the Dusk.



The American Indian, too, may be of White origin through miscegenation, who as a White first mixed with Yellow and lastly Dusk, or as a Dusk mixed with Yellow and lastly White. The *red* attributed to the Indian is not of genetic influence but due to climatic changes, therefore readily eradicated. The inferiority of the American Indian as compared with the intelligence of the Yellow, is by some scientists claimed due to the unhappy blending and not characteristic of the Race.

The Hindu of today is no longer a true type, and, like our American Indian, is greatly intermixed; he, too, will have to go to seed. Altho he may not be drawn to the bosom of the ocean like the Atlantians, or sent to the bottom of the sea like the continent of Malaya, he will either become prey to loathsome diseases or be absorbed otherwise, as Nature intends certain types and races as mere transitory stages, which, once their mission is fulfilled, become extinct.

Historically, all races have their place and much of their efforts have been of inestimable value in the advancement of civilization. The philosophy and poetry of Hinduism will live forever, while the Art and Chemistry of the Indian in his prime will never be erased from the records of History.

The American Indian is one of the grand divisions of mankind, embracing the aboriginal tribes of North, Central, and South America.

The red type, as it changed color, took only some of the cranial formation of the other types, showing descent and previous intermarriage.

Geology teaches us that Nature combined color and intelligence as belonging together, or being, at least, in some relation to one another. There is no doubt that the Mongolian Race is superior to the Dusk-Red, as the White or Caucasian Race in turn is superior to the Mongolian or Yellow Race, and in fact the *summa summaris* of the intelligence of all the races, thus the very crown of creation.

Ethnology does not exclude the skulls of negroes, but shows by their examples the advance in later appearing types, or the *modus operandi* in which one race follows another, each one disclosing a higher degree of intelligence over his predecessors. There was a time when this earth was possessed by the Black race entirely, followed by a time when the Black and Brown fought for pre-emptory rights. Then the Olive-Green and the Dusk-Red proposed imperialism and were not long afterwards invaded by the Yellow Race, followed by the ever struggling Whites, desirous to possess a fraction more of the earth on which to exercise their particular endowments.

By analogy we can see a blending without limit or line of separation. Thus the Brown race is mixed with the Black and the Olive-Green, the Dusk-Red with all of the former and the Yellow race to a great extent. All the races readily mixed without scruples.

The White race alone seems to have an inborn abhorrence of miscegenation, until by some unknown agent even

the White race has been visited to a degree at least, and its sacredness invaded. Miscegenation borrows color and also some of the cranial formation, as color and civilization are in closest relationship.

Considering the Dusk-Red as the inhabitants of America we find them divided into nine principal groups: The Arctic, North Atlantic, North Pacific, Mexican, Inter-Isthmian, Colombian, Peruvian, Amazonian and Pampean.

Of the North Atlantic the following tribes of Indians may be mentioned: Athopascans, Algonquins, Caddoes, Dakotas, Iroquois, Muskokis, Shoshones, Tinnah, etc.

To the Arctic we classify the Aleutians and Eskimos.

The North Pacific Indians are known as the Californians, Haidas, Pueblos, Tlinkits.

The most prominent of the Mexicans are the Aztecs, Mixtecs, Zapotecs, etc.

The Inter-Isthmian group have the Maya tribes as the most prominent.

The Colombian tribes are the Barbacoas, Chibchas, Chocos, Cunas, Mocoas.

The following belong to the Peruvian group: Aymaras, Kechuas, Puquinas, Yuncas.

The Amazonian tribes are: Arawaks, Caribs, Cariris, Panoans, Tapuyas, Tupis.

Pampean tribes include Abipones, Araucans, Calchaquis, Patagonians, Yahgans.

To enter into the study of each and every group and tribe, mentioned and not mentioned, is beyond our province. But this is certain—that America has been made



the refuge of many races and their admixtures. Some of the Negrito blood, as well as that of the Malayan, quite frequently becomes prominent. The Olive-Green is found and the Mongoloid type also is well represented, so much so that one is led to believe that much of the culture of China, of India and of Egypt found its way to the American continent. Mingling with what culture there was, a civilization different from that of the old world evolved, yet leaving sufficient evidence of foreign influence to make traceability possible. We may say, "God moves in a mysterious way His wonders to perform."

*(To Be Continued in the March Issue)*

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## Season Hints

Right now artichokes are good and should be used daily for several weeks, thereafter every other day. Artichokes are the best nerve tonic known. Though all else may have failed us, the artichoke come up to the most sanguine expectations. They should be par-boiled for fifteen minutes and steamed for fifteen minutes more, adding a little vinegar, a clove of garlic, a clove, butter and a bayleaf. Served with mayonnaise or any other dressing will appeal to any Epicurian taste.

Both celery root and bleached celery prove of value to the kidneys, bladder and urethral ducts. Eat bleached celery on salad at noon and celery root—steamed, grated or shredded—at dinner. "Not how much" should be the question. Eat only a little but regularly so as to keep the kidneys charged.

Fresh asparagus is coming in. Have six sticks daily, either raw or steamed; they need no seasoning. They are inestimable in all complaints of the kidneys. Use daily for five weeks and thereafter eat according to your promptings.

Sorrel, watercress, mustard leaves, fenucky and parsley make a fine garnish, at the same time aiding digestion and carrying off surplus.

Fresh peas charge the urethral duct and when used in moderate quantity with mint sauces assist in toning up the intestinal ducts.

New small potatoes served with sour cream will prove quite a tonic to the alimentaries. A little finely chopped parsley will add to the potentialities and prove very palatable, wholesome and curative. Small nut-sized potatoes will not cause gas. Fry them in butter with either parsley or chives.

Now and during lent be sure you use pulses as a side dish. The soya bean will be found most satisfactory, adding lentils, chick peas (garvanzos), horse beans, lima beans and Indian beans.

Split peas should be combined with barley, either as a puree or as a roast. Scorched parsley or chives will improve the taste and increase potential properties.

Rub the entire body vigorously for a few minutes upon arising and retiring.

In case of a cold or a fever be sure to take a high flushing and abstain from cereals thereafter for at least a week; from bread stuffs altogether. In case you are given to colds and membranous troubles be sure you drop butter

for good. Also cut out sweet cream. In all cases of rheumatism, gout and dropsy abstain from all liquid foods and drinks. Chew raw vegetables and fruits slowly and thoroughly. Take but small quantities of cereals and use soya bean flour, cakes or patties. Add to your baths sal soda and epsom salt and rub all aching and swollen parts with compound linament made as follows: Place two raw eggs, unbroken, consequently in the shell, into a small bowl and cover with the best vinegar procurable, so as to keep the eggs covered. Let stand until the shells dissolve which requires several days. When dissolved, beat and add gradually two tablespoonfuls of rectified turpentine and two ounces of chloroform. Beat until stiff. Apply night and morning.

An excellent poultice for all kinds of sores, ulcers, tetters and like disturbances is made up as follows: One tablespoonful each of rolled oats, rye and barley, flaxseed meal and powdered mustard and charcoal, one teaspoonful each of powdered tamarack and burgundy pitch. Mix well. Divide into two portions for two applications. Into one portion pour enough hot water to make a thin paste and allow to come to a boil for a minute. Apply on cloth to be placed on sore. Bandage well and keep warm with hot bottle; repeat every three to six hours, according to severity of case.

One-half of a grapefruit with two tablespoonfuls of sweet cream will aid digestion and promote alvine calls.

Change from grapefruit to a pony glass of orange juice every third day, lest we forget.



In case of indigestion, dyspepsia or fevers: abstain from green foods like watercress, field salad, mustard leaves, cucumbers. Use cold slaw in their stead.

For cold slaw shave cabbage very fine. Put into strainer and pour boiling water over it. When cold add finely chopped onion, olive oil, lemon or lime juice, a few drops of boiled vinegar, a dash of celery seeds and salt to taste. Instead of oil and lemon use sour cream for dressing.

People inclined to liver complaints and feverish tendencies should eat cold slaw.

In all cases of flatulency, hiccoughs or belching of the stomach, use after meals the juice of one lemon and a half teaspoonful of salt.. Otherwise use the white of an egg with a teaspoonful of lemon juice, well beaten.

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## Quotations are Valuable

**I**N READING prophetic writings we find the writer or teacher announcing quotations, not only for the purpose of clearing any obscurity, but to verify the attitude or stand taken, towards a certain trend of thought.

Quotations from writers, poets, speakers, philosophers, scientists and prophets often enlighten the student or pulpit upon subject matters in question and may prove conducive to solutions of world-wide importance. It is the object of a writer or a playwright to convey an important moral of a lasting nature; something to be remembered and prove of value. Such is not only true of modern writers but those of ancient lore share the acceded honor equally.

To find corresponding quotations calculated to enlighten and instruct is quite an art in itself. One needs to be well posted and have knowledge of relative subject matter, as well as dexterity in rhetoric and philology; then using quotations will be found interesting and instructive.

Of all the quotations of biblical lore, those of the Saviour are the most scientific, revealing a store-house of knowledge akin to the Infinite. Had the Saviour called attention to no other great fact than given in his announcement of the worth and value of the human being, it would suffice to immortalize his name. He said: "One single conscious soul is worth more than all the treasures of heaven and earth."

Giving this one subject matter due thought suffices us to investigate, search and analyze man, as to all the processes of evolution and creative changes brought into operation to bring forth man. It helps to solve all individual and social problems and eventually lead to every solution of whatever nature.

To discover one's worth and value gives stamina and power to apply oneself to the daily walks of life successfully.



Anxiety often culminates in impropriety.

Leave to everyone their part and you shall enjoy a lighter heart.

Ah, have a heart and in peace depart.

## Christ and Zarathustra

**Z**ARATHUSTRIANISM in Christianity and Christianity in Zarathustrianism. How come? Well; you know what St. Augustine said:

"What is *now* called the Christian Religion has existed among the Ancients and was never absent from the Beginning of the Human Race until Christ came. From this time on the true Religion which already existed began to be called Christianity."

That ought to hold us for a while at least. It ought to make us think. Zarathustra declared that the leading element to a perfect life lay in "Good thought; good word; good deed." Upon this triune principle rests "all the laws and all the prophets," the Blessed Saviour said. All our daily walks; all our inspiration and revelations; all there is on terra firma and all there is hidden throughout the planetary systems rests upon these three holy children: "Good thought; good word; good deed."

Once we learn to reduce our thinking to a minimum we shall be able to comprehend the maximum of things and learn to apply ourselves to the daily walks of life profitably.

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## World's Advance

The man who said he was one of the twenty who made this world better is, unpoetically speaking, a conceited ass posing to the galleries. He should have said he was one of the millions who endeavored to add a mite of their talent toward the world's betterment. That would have immortalized his name. Now he will fade into oblivion by his own default. Even great men just before their departure from life say odd things.

Chemists and engineers are working on lines harnessing the elements of nature supplanting combustive means now in use for motive power. Several inventions are brought into experiments showing progress in that line. Some of these inventions are the atom ray, air resistance, atomic combustion.

Instruments determining the course of aeroplanes, indicating their variance and adjusting their course are quite numerous, still the one invented by Baron de Perrot is the safest, surest and most accurate and has a great future in aeroplaning. Though in its mechanical construction the instrument looks intricate it nevertheless operates simply. The whole thing is a great mathematical achievement based upon fundamentals in mechanics.

The original "death ray" discovered by Albino, a Swiss physicist, is turned into more useful channels than those of mere destruction. The "death ray" has been demonstrated in England and America. The inventor calls the power

the "crowding of the atom" and with the use of cornstarch creates a tremendous destructive force. The "ray" sets a warship into consuming conflagration, tears down blocks of building, leaving a heap of dust behind, uproots forests and within a few minutes wipes London off the map of England to be remembered no more, not even as much as Pompeii and Herculaneum, Babel and Nineveh. The inventor became a convert to the Pacifist movement of the non-resistance way and has harnessed the power to such a degree that it can be used to run engines, automobiles, aeroplanes and assist in the removal of obstructions, even that of removing hills and widening out canyons. Of course, in case of emergencies this force can be directed to hostile armies or an array of aeroplanes and put them out of existence in a twinkling of an eye. This sounds like one of the biblical prophecies: "The chariots of the Lord are coming" or "the will of the Lord is the law of holiness."

The young Italian who invented the "atomic light" and turned it over to his government to be used for the benefit of the public to insure them of cheap electric light, brightening even the most humble country home, has not been heard from and the invention put on the shelf upon the ground that such steps or inventions interfere with the profits gained by monopolies, trusts and other interpolators of human liberties and rights. Still, there are a lot of young men who continue their search after means equal to those of the young Italian, at the same time studying law in the hope of finding means to evade the latter.

The running of aircrafts by "air compression" is a fact and is being demonstrated upon German soil. The engineer entrusted with this the greatest of all inventions is Andre who is perfecting the aircraft and making it absolutely "foolproof."

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## The Profit

THIS MAGAZINE is published for profit; not for profit to the publishers but for profit to the reader. We want everybody who cares to take advantage of opportunities to find them or to create them that all may profit by counsel and by law. As there is no end to matter and there is no end to space, there is no end to possibilities. Yet, we must not fold our hands serenely and wait. For by waiting we may despair. This is no time for loafing. Because others do, there is no need for us to follow suit and blindly fall into the pit. We have to get a move on ourselves. Be up and doing. "Now is the acceptable time; now is the day of salvation." And there is no better time than the present. If we can be the cause to depression and oppression, we only have to reverse the method to create opulency and plenty. If we do not succeed in one thing—let us attempt another; at any rate we have nothing to lose while time is all ours. Don't kill time by shooting at the clock. Work without looking at the clock; look at your accomplishments.



Correction in January article on Page 5 of January *Mazdaznan* in the article "Study of Man," we wish to make correction of 21st line, Page 5: "the sixth, or the green race" should read "the third or Olive-Green race."

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**I**N men whom men condemn as ill, I find so much of goodness still. In men whom men pronounce divine I find so much of sin and blot. I hesitate to draw the line between the two where God has not.

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